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# OUR LADY OF THE MOST HOLY ROSARY

COUNCIL 15920 NEWS  
Instituted March 29, 2014  
*In Service to One, In Service to All*  
[www.kofccouncil15920.ca](http://www.kofccouncil15920.ca)

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## A MESSAGE FROM OUR CHAPLAIN, REVEREND MARTIN VALLELY



Dear Brother Knights,

Welcome to what is hopefully the tail-end of winter! We now embark on the Holy Season of Lent. Lent should be a time which is particularly sacred to the heart and soul of a Knight. It is that most privileged time when God's people are invited to get close to him and to drink deeply of the Fountain of Life, which is his Son Jesus Christ. That is our Knightly goal at all times, but never more so in the year than now.

Traditionally, the works of Lenten penance have been three: Prayer, Fasting, and Almsgiving, that last one having many points of connection with our Order's emphasis on charity and outreach to those most in need.

I think the key to all three is in fact perhaps the one we might these days be most tempted to abandon and disregard: Fasting. Let me explain.

As we probably all know, to fast is to deprive ourselves of something, even something good. Often this is interpreted to mean food (especially given that some of us will remember well the old "rules" about fasting during Lent and other times, rules which could be very strict and sometimes rather complicated!). It doesn't have to be only food that is referenced, however. The tradition of "giving something up for Lent" is interpreted very broadly by both adults and children, and can include everything from treats to trips to television and internet use.

But why? Is it just that it's "that thing we do in Lent"? We should understand what is our Christian motive for such sacrificing. First, it opens up the heart. Withdrawing some of the indulgences which clutter us up, it gives us more opportunities, more spiritual "space", to listen to God and to come closer to him. In other words, we are better able to engage the work of Prayer. Such sacrifices can also help us to re-order our priorities, maybe to discover how we have let material things dominate us, control us, when they should have had a very secondary place in our lives and priorities. Naturally, fasting is a discipline. It can be an effort. It can be a real-----well-----sacrifice!! And so it should be. It helps "tone up" our spiritual muscles, so to speak.....and that makes us better able to do battle with evil, so that we are not lazy, unalert, indifferent when the challenge comes to us.

Moving further, there is the identification we then can make with the suffering Christ in his great sacrifice for our sake on the Cross. When we choose a little mortification, we understand better what he did for us. Moreover, our clarity of sight now enables us to experience and identify with the cross being carried by so many of our suffering brothers and sisters all over the world, especially the victims of injustice. That is why it is always advisable to go another step. When we have given something up, we should make sure that the money and/or time, now freed up, is given in generous service and almsgiving to the poorest among us. The Share Lent collection is always in Lent for that very reason. Be generous in your donation to that extraordinary annual work of the Canadian Catholic Organization for Development and Peace.....and make it a point to learn more about where your sacrificial dollars are going, and what the needs are.

As we see, then, paying more attention to the spiritual discipline of Fasting and Sacrificing actually sharpens our appreciation of the other two great Lenten calls: Prayer, and Almsgiving. Taken together, the three bring us closer to the Lord, which is of course the goal of the Lenten Seasons in the first place.

May this Lent 2017 be a time of great growth in God’s grace for every one of us, for our families, our parish community, and all those whom we serve as Knights, seeking to identify the face of Christ everywhere we are, and serve Him there.

God bless you all!

Father Martin Vallely  
Chaplain

**WEDDING ANNIVERSARY  
CELEBRATIONS**

Congratulations:

*Bro. Jim and Diane Hession  
March 18 – 34 years*

**CALENDAR  
OF  
COUNCIL EVENTS**

Mar. 7 – Business Meeting – 7 pm  
 Mar. 17 – Stations of the Cross – 6:30 pm  
 Mar. 29 – Public Speaking Contest  
           Regional Competitions  
           Holy Rosary School

Apr. 4 – Business Meeting – 7 pm  
 Apr. 9 – Palm Sunday  
 Apr. 14 – Good Friday  
           Stations of the Cross 6:39 pm  
 Apr. 16 – Easter Sunday  
 Apr 21 to 23 – State Convention  
           International Plaza Hotel  
           655 Dixon Road  
           Toronto  
           Details in our Website

**HAPPY BIRTHDAY**

*Daniel Giroux – March 7*

*Dr. Patrick Petrowski – March 8*

*Michael McNamara – March 12*

*Joe Baumgartner – March 24*

*Rev. Msgr. Edward House – March 29*

**THIRD ANNIVERSARY  
CELEBRATION**

*Our Lady of the Most Holy Rosary  
Council 15920  
March 29*

**GRAND KNIGHTS MESSAGE:**

February was one of the busiest months for our council and once again we demonstrated how we can make a difference in our community. We participated in nine events during the month and in carrying out those events we made our presence known in 3 different schools attended two public venues and participated in two parish events involving many of our fellow parishioners. We received media coverage in two local newspapers and one TV station. We also helped out at our parish rectory and donated a new cross to our school.

I mention all of this not to brag about what we have accomplished but to remind all of you that the work we do does really touch a lot of lives and we can use our roles as Knights to help our community and those in need in a very real way.

The 2017 “Flag Relay” for our district is now behind us but I would like to thank all of you for your support and help for this relatively new event...see the Newsletter for pictures and other information. Besides being party to a \$1,000 donation to Special Olympics from the 4 local K of C councils we managed to strengthen our bonds with the organizers, coaches and athletes of this great organization and the members of the other area councils.

I would like to thank Brother Ron Lehocki and his wife Susan along with Brothers Carlos Paixao and Vic Lefebvre for their work in organizing the Valentine’s dance again this year. My bad cold kept me away from enjoying the evening but from all reports it was a fun evening for all that attended. The attendance has fallen off for this event again this year so I think we should do some brain storming to come up with a different format for future Valentines celebration that encourages more participation from our parish and our council members.

I would like to ask for your prayers for Joanna Baumgartner wife of Brother Joe. Joanna has recently been diagnosed with breast cancer and is currently in the early stages of treatment. I’m sure you will all join me in offering our full support to Joe and Joanna for whatever we can do to help them through this difficult period.

I would also ask for your prayers for the speedy recovery of Priscila Browne wife of Brother Ken Browne. Priscilla has recently undergone some surgery and is currently recovering at home.

March is now upon us and our main focus will be on church activities starting with the World Day of Prayer on Friday March 3rd. Our parish is the host parish this year and a service will take place in our church at 1:30 on Friday afternoon. Now that we are into the season of Lent there will be Stations of the Cross every Friday evening starting at 7PM. All parish support groups will take turns helping with the celebration and our turns happen on Friday March 17th and Friday April 14th. In the latter part of March we will be helping out at Holy Rosary School with their public speaking competition which takes place on Wednesday March 29th. They have asked us to attend and to have a piper and Colour Guard to lead a parade of participants into the gym for the event....more details will follow shortly.

Vivat Jesus  
Ken Fleming,  
Grand Knight

**Shrove Tuesday Pancake  
Breakfast and Dinner  
February 28th**

We finished the busy month of February with a great Shrove Tuesday Pancake Breakfast and Dinner event done in conjunction with the ladies of the CWL. There were 3 sittings starting at 8:30 and finishing up at 7PM. We served 225 guests and over 30 volunteers from our council and the Holy Rosary CWL. The good will offerings received amounted to \$1,600 and after costs we expect the net proceeds will be around \$1,100 which will be donated to local charities. A special thank you goes to Chris McNamara who oversaw the sourcing and cooking of hundreds of pancakes and five large hams...great job Chris and all the ladies of the CWL. We also want to thank all of the Knights that came out to help including Brothers Don, Joe M, David L, Willie, Hugh, Mike M, Jim, Sam, Andrew, Ken B, Aeneas, David K, Bob, Bill, Earl and Ken F...(I hope I didn't miss anyone).



**PRAYER NETWORK**

In charity, we pray for:

- Joanna Baumgartner, wife of Brother Joe
- Richard Cupido, grandson of Brother Guido
- Linda Cupido, daughter-in-law of Brother Guido
- Shannon Wilken, daughter of Bro. Michael Nelligan



***Prayer for Healing***

*Almighty and merciful Father, by the power of your command, drive away from me all forms of sickness and disease. Restore strength to my body and joy to my spirit, so that in my renewed health, I may bless and serve you, now and forever more.*

To be included in the Prayer Network, contact Bro. Vic Lefebvre at 905-336-3056 or by e-mail at [kofcholyrosary@outlook.com](mailto:kofcholyrosary@outlook.com)



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***1-800-263-KOFC (5632)  
E-Mail: [trevor.d'mello@kofc.org](mailto:trevor.d'mello@kofc.org)***

## Valentine's Day Dance February 11, 2017

Valentine's Day Dance was a success, despite some initial concerns over attendance and participation, mainly due to the effort put out by Susan and Ron Lehocki.

Generous contributions from local sponsors and Knights ensured those who attended went home bearing gifts and a full stomach. The food was excellent and Ross Caterers should be commended for their effort and the spread they put on. All went home with smiles on their faces and exhausted from an evening of dancing to Rockin' Robin's wide assortment of tunes.

Thank you to all those who contributed and attended, including Father Vallely and Father Downey, and those who helped set up for the evening, especially Brothers David Lord, Patrick Petrowski, Master Bartender Vic Lefebvre, and the Lehocki family.

If we are committed to continuing sponsorship for this traditional event, we will need an improved response and increased help from our membership in the future.



## **Basketball Free Throw District Championships With Special Olympian Participation February 4, 2017**

The District Basketball Free Throw Championships took place at Corpus Christi Secondary School in Burlington on Saturday February 4th, 2017.

In addition to the Special Olympians, students representing the local councils across Burlington, aged from 9 through 14 took part and put their amazing skills and co-ordination on display for all in attendance, including parents, siblings and fans.

The Opening Ceremonies included the Athletes being piped into the Gymnasium with the Pope John Paul II Assembly Colour Guard leading the way, along with District Deputy Steven Reynolds.

Grand Knight Steven Clarke from St. Gabriel's council spoke on behalf of the Knights of Columbus Burlington Councils and welcomed all the students and Special Olympians to the championships and was supported by our own Grand Knight Ken Fleming and many volunteers from our membership.

Tie-breakers were needed in many of the divisions as the competition was fierce and at a very high skill level. At the conclusion of the event, all the division winners were presented with trophies and ribbons for their efforts. Sportsmanship and pride were evident among all the participants and special thanks for a job well done by all the volunteers, including our own Brother Knights Ken Fleming, Don Prescott, Sam Cervoni, Joe Milton, and Jim Hession.



## Special Olympics Flag Raising Ceremony – February 8, 2017

The Special Olympics Flag Raising Ceremony for Burlington took place on February 8 at Assumption Secondary School. The 4 Burlington Knights of Columbus councils presented the Burlington Special Olympics with a cheque for \$1000 to help with the cost of their programme and to highlight the first event of this year's "Flag Relay" in support of Special Olympics.

Dignitaries from the school board and local government were in attendance to welcome the Special Olympians. School Principal Rocco Di Ianni and his staff were very hospitable in welcoming the many who made a special trip to the school for the event.

The procession was led by the Knights of Columbus Colour Guard into the main gym at the school and the event was well attended by students involved in the Special Education programmes and the student body.

Grand Knight Ken Fleming represented the Burlington Councils and gave the opening speech welcoming all to the event and was followed by Councillor Blair Lancaster and Brendan Browne Superintendent of Education (Special Education Services), who provided encouraging words and thoughts for the Special Olympians and all in attendance.

The event concluded with the Olympians signing the flag before it was placed in the lobby of the school. Special thanks to our Grand Knight Ken Fleming and the Colour Guard, Father Vallely and the Brother Knights who attended the event and represented the Burlington councils.



## Flag Relay Event at the Haber Center February 16th

On Thursday, February 16<sup>th</sup>, the Knights from all 6 Councils that make up District 67 hosted a great evening of fun at the Haber Center to continue the celebration of the “Flag Relay” weeks. This was another special night as it gave the Special Olympics athletes of both Burlington and Oakville an opportunity to show everyone their amazing athletic abilities. They did not disappoint as they played a rousing Basketball game followed by a great Rhythmic Gymnastics demonstration and an exciting Floor Hockey game.

Special guests for the evening included his Honour Mayor Rick Goldring, MPP Eleanor McMahon Ontario Minister of Tourism, Culture and Sport, Pratima Bhutt District Developer for Special Olympics Ontario and in keeping with the sports flavour Glen Grunwald former General Manager of the Toronto Raptors and currently Director of Athletics & Recreation at McMaster University.

All of the guests were warmly welcomed and appreciated by the athletes and spectators but none more than Glen Grunwald. His towering 6’9” presence had everyone very excited and added a great deal to the success of the evening. Glen participated in the half time Basketball free throw and although he didn’t make all of his shots he showed everyone else the proper form. Members of the Halton Police along with the Grand Knights, Special Olympics athletes and others also participated in the half time show. SK James Montague and Special Olympics athlete Lee Nolan made the most shots.

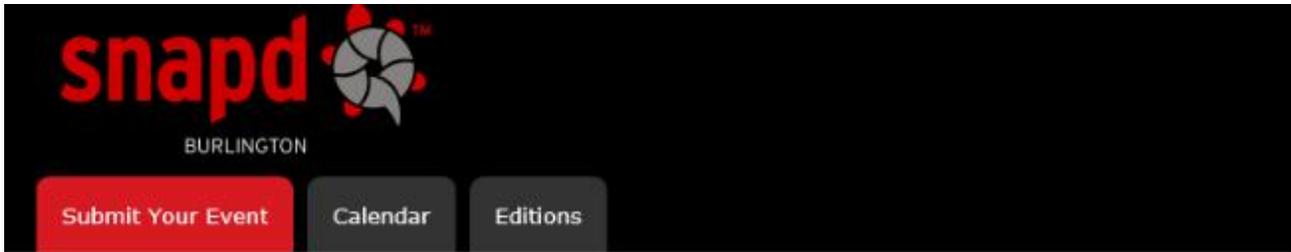
Special thanks goes to all the Knights that came out to help and support the event: Brothers Don Prescott, David Lord, Jim Hession, Willie Joki, Vic Lefebvre, Sam Cervoni and Ken Fleming. Also thanks to the Knights from other councils for their hard work on this event including GK Stephen Clarke of St Gabriel and SK Steve Montague and SK James Montague from Marian Council in Oakville and Bingo Rivera of Mary Mother of God Council. Thanks as well to the Colour guards from Pope John Paul II Assembly in Burlington led by Commander SK Frank Miele and SK Jacob Floris Faithful Navigator of Bishop Paul F Reding Assembly from Oakville.



Special guests Glen Grunwald former GM of the Toronto Raptors and MPP Eleanor McMahon Minister of Tourism, culture and sport are pictured with some of the fans who came out to watch.



The Colour Guard from both Burlington and Oakville Assemblies were on hand along with our guests including Glen Grunwald, Mayor Rick Goldring and MPP Eleanor McMahon



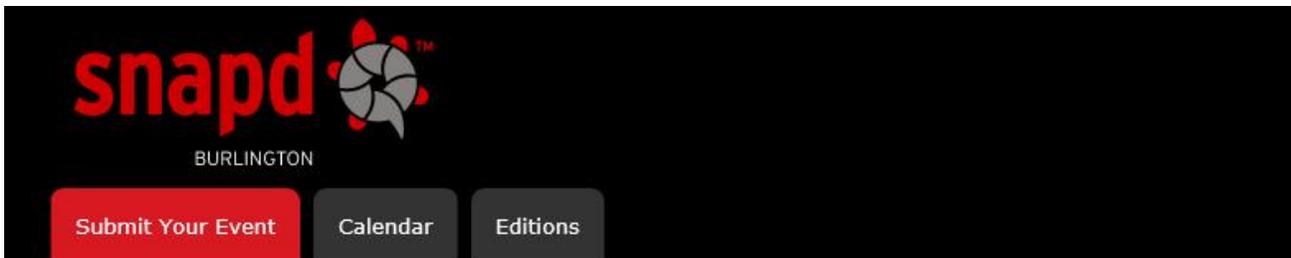
## Knights of Columbus Special Olympics Flag Relay Ceremony

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The Knights of Columbus flag relay is where the Special Olympics flags travel through 52 regions in Ontario raising awareness for the athletes and the Special Olympics Games being held at Brock University in June. The games bring together over 900 athletes who follow the motto, "Let me win and if I can't win, let me be brave in the attempt." The Knights of Columbus from both Burlington and Oakville are huge supporters and contributors to the Special Olympics program. This year's local flag relay event started at Burlington's Assumption High School on February 8, where Special Olympics athletes presented and then signed the flag; it then travelled to Oakville mid-month. Check out our coverage of Special Olympics athletes demonstrating their skills at the Haber Recreation Centre.



*Candice, DJ Nate (Nathan) & Natalie carry the Special Olympics flag*



## Special Olympics Flag Relay & Demonstration Night

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On February 16, Special Olympics athletes from Burlington and Oakville demonstrated their skills at the Haber Recreation Centre. Athletes, local police and dignitaries joined Burlington and Oakville Knights of Columbus members to celebrate the road to the 2017 Special Olympics Provincial School Championships June 14-16, taking place in the Niagara region. During the evening, the flag was formally passed to the Oakville Knights of Columbus team.



*Cate Hawkins with coach Julia Walber & the Burlington Skylarks Gymnastic Team*

Photos by Pat Broughton

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## Flag Relay Event at St Ignatius of Loyola Secondary School – Oakville February 17<sup>th</sup>

The Oakville team headed by SK James Montague produced the finale of this year’s “Flag Relay” with an amazing event held at St. Ignatius High School in Oakville on February 17th.

The event got underway at 9:30 with a parade through the halls of the school lead by piper Chris Reeve and Colour Guard members from Burlington and Oakville Assemblies as well as other K of C members followed by Special Olympics athletes carrying the flags. Also in the parade were dignitaries from all levels of government, and representatives from Halton Police, fire and EMS. Oakville Mayor Rob Burton was among the guest speakers.



## Knights in Action Feb 2017

### Brother help out at Holy Rosary School

Brothers David Lord, Joe Milton, Sam Cervoni and Ken Fleming come out several times a month to keep the school sign up to date.

Brother Sam Cervoni finished the first of two crosses that he offered to make for the school foyer and Principal Cathy was overjoyed with the beautiful cross that now stands at the entrance of the school. Great job Sam



### Used Eye Glasses for Haiti

Brother Blair Breckenridge is spearheading an initiative to collect used eye glasses for donation to the **B the Hope for Haiti Mission**. Joanna Baumgartner, wife of our brother Joe, has already delivered over 200 pairs to the needy people in Haiti. The collection box will remain in the church, so please continue to collect used eye glasses for this effort.



### Cob's Bakery

Brother Aeneas Mac Isaac and his wife Barb continue to take a leadership role for the Knights by ensuring that every Sunday evening all of the unused baked goods from Cob's Bread in north Burlington are delivered to the Good Shepherd food bank. Brother Vic Lefebvre is also there most every Sunday to help deliver this significant community contribution.



Several of our Knights have signed up to help Aeneas and Vic whenever they are needed. This is an excellent example of how the Knights of our council work together in an unselfish way to help those in need.

### 2nd Cob's Bakery night

Brother Vic Lefebvre has arranged a second night for picking up bread at Cob's. The bake goods left over on Wednesday evenings are now available to be picked up. Brother Vic has made arrangements with the Pope John Paul II Assembly to take responsibility for picking up the bread on Wednesdays. Great job Vic.

